



EFFECTIVE LEADERSHIP DEVELOPMENT



PROGRAM: EFFECTIVE LEADERSHIP DEVELOPMENT

START DATE: Thursday, October 15, 2026

DAY & TIME: Thursdays, 2.5 hours (9:00–11:30 a.m.)

TERM: 2 Prep Sessions + 10 sessions plus graduation

PLACE: REGUS - 20727 Willoughby Town Centre, Langley, BC, V2Y 1X1

FACILITATED BY: Rod Ezekiel - CEO of Redwood Leadership & Wellbeing

CONTACT: rod@redwoodwellbeing.ca or 236 862 3711

PROGRAM OVERVIEW

The Effective Leadership Development program is a structured leadership skills course designed for supervisors and managers. Participants attend group training sessions where they learn and practise practical leadership competencies such as time management, delegation, communication, motivation, problem-solving, and developing staff.

The course uses a consistent curriculum, including short presentations, group discussion, individual reflection, and skills-practice exercises.

SESSION SCHEDULE

2 Presessions for Goal Setting and Strategy Oct 15 and Oct 29th

Session 1 – Introduction to Concepts

Date: Thursday, November 12 2026

Focus: Understanding mindset, focus, and the power of concentrating on the most impactful areas of business and life.

Session 2 – Goal Setting and Planning

Date: Thursday, November 26, 2026

Focus: Developing goal-setting and planning sheets and tracking progress effectively.

Session 3 – Successful Leaders Are Made, Not Born

Date: Thursday, December 10 2026

Focus: Foundational leadership concepts, attitudes, and behaviours that support effective leadership.



Session 4 – Improving Results Through Better Time Management

Date: Tuesday Dec 22, 2026

Focus: Planning and prioritizing work, managing time, and using time-management tools.

Session 5 – Exercising Authority Effectively

Date: Thursday, January 07, 2027

Focus: Giving clear direction, setting expectations, holding people accountable, and using authority positively.

Session 6 – The Art of Delegation

Date: Thursday January 21 2027

Focus: Deciding what to delegate, matching tasks to people, providing instructions, and following up.

Session 7 – Effective Communication Is a Leadership Essential

Date: Thursday, February 04 2026

Focus: Two-way communication, active listening, feedback, and adapting communication style.

Session 8 – Motivating People to Produce

Date: Thursday, February 18, 2027

Focus: Understanding individual motivation and applying practical motivation techniques.

Session 9 – Preventing and Solving Problems

Date: Thursday, March 04 2027

Focus: Recognizing issues early, defining problems clearly, and applying a step-by-step approach to resolution.

Session 10 – Developing People's Potential

Date: Thursday, March 18, 2027

Focus: Coaching skills, on-the-job training, and supporting employees' ongoing development.

Graduation Ceremony

Date: Thursday, April 1 2027

Time: 9:00–11:00 a.m.

Focus: Celebration of completion and presentation of certificates.

LEARNING MATERIALS AND ASSESSMENT

Participants may receive workbooks, program files, audio materials, and a time-management planner to support the skills taught.

Learning may be assessed through:

- Completion of course exercises and short assignments.
- Participation in discussions and skills-practice activities.
- A brief final presentation or summary describing how newly learned leadership skills will be applied.

NOTES

Dates are subject to change. Some sessions may be offered virtually as part of a larger group setting. Details will be provided in advance of any changes.

Additional notes: Please inquire for details on investment pricing.

FACILITATOR DETAILS

Name: Rod C Ezekiel

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<https://www.lmicanada.ca/coach/rod-ezekiel>

<https://www.lmicanada.ca/effective-leadership-development>

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