



LMI CANADA INC.'S
EXECUTIVE SHOWCASE

PROGRAM: Leadership Development for Women

START DATE: Friday August 28 2026

DAY & TIME: Fridays, 2 hours (9:00 – 11:00 am)

TERM: 12 Sessions (Facilitation) Plus 2 Pre Sessions and Graduation

PLACE: LIVE – Sessions will be offered both in person and ZOOM – based on participant preference and availability. Sessions will be held at 20727 Willoughby Town Centre Dr C 200, Langley BC unless otherwise noted.

Facilitation by Rod Ezekiel – rezekiel@lmicanada.ca / 236 862 3711

CEO of Redwood Leadership & Wellbeing

Program description

This program helps participants to develop critical attitudes, self-confidence and qualities that meet the demands of modern business. You will examine your organization's culture and how it impacts success, how to align your leadership skills with your organizational culture, the choices and trade-offs that may be necessary to attain, regain, or maintain work/life balance, and other unique challenges that women face as they move higher in their organizations.

This course is part of the Personal Development Programs, begins with an introduction to the basic concepts of the Unique LMI Process and our developmental approach. Twelve powerful sessions to move you to the next level of leadership capabilities!

Introductory session

One initial session to introduce the program and help participants set personal learning objectives and become familiar with the tools used in the course (workbooks, planners, and learning materials). Participants begin to reflect on their current leadership habits and identify areas for improvement

This program helps participants develop strong leadership attitudes, self-confidence, and the essential behaviours required in today's business environment. Participants examine organizational culture, personal leadership habits, and strategies for balancing work and life while overcoming challenges unique to women in leadership roles.

Updated Session Schedule (Bi-Weekly Format)

Pre-Conference: Setting Intentions for Growth – Fri, Aug 28, 2026 – 9:00 AM

Session 1: Introduction to Concepts – Fri, Sep 11, 2026 – 9:00 AM

Session 2: Developing Goal Planning Sheets – Fri, Sep 25, 2026 – 9:00 AM

Session 3: Personal Leadership – Where It Begins – Fri, Oct 9, 2026 – 9:00 AM

Session 4: The Challenge of Conditioning – Fri, Oct 23, 2026 – 9:00 AM

Session 5: Building a Positive Self-Image – Fri, Nov 6, 2026 – 9:00 AM

Session 6: Understanding Motivation – Fri, Nov 20, 2026 – 9:00 AM

Session 7: The Power of Goal Setting – Fri, Dec 4, 2026 – 9:00 AM

Session 8: Affirmation & Visualization – Fri, Dec 18, 2026 – 9:00 AM

Session 9: The Challenge of Leadership – Fri, Jan 1, 2027 – 9:00 AM

Session 10: Time Management – Fri, Jan 15, 2027 – 9:00 AM

Session 11: Communication & Persuasion – Fri, Jan 29, 2027 – 9:00 AM

Session 12: Personal Fulfillment & Success – Fri, Feb 12, 2027 – 9:00 AM

Graduation & Celebration – Fri, Feb 26, 2027 – 9:00 AM