

The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- ✓ Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions
- ✓ Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- ✓ Complete resource materials allow multi-sensory learning
- ✓ Twelve interactive sessions are facilitated in convenient bi-weekly workshops
- ✓ Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

Session One:

Introduction to Concepts

Concepts of Success, Motivation & Attitude Changes
Organizational Climate Survey
Individual Self-Image Profiles
Success as Related to Past Conditioning
Attitude and Habits – The Effective Motivators
Multi-Sensory Learning
Spaced Repetition
The Power of Goal Setting

Session Two:

Goal Setting

Validation of ROI
Developing Personal Related Goal Planning Sheets
Developing Business Job Related Goal Planning Sheets
Fine Tuning Goal Tracking Systems
Integration of My-Tyme Planner with Goal Planning Sheets
Profile Evaluation Awareness and Integration into Goal Planning Sheets

Session Three:

Personal Leadership is Where it Begins

To Know Yourself is to Lead Others
The Untapped Potential of Women Leaders
The Rewards of Personal Leadership
A Leadership Philosophy that Works
The Journey to Successful Personal Leadership

Session Four:

The Challenge of Conditioning

Redefining Women's Leadership Roles
A Great Time for Women
Challenging the Effects of Conditioning
Your Unlimited Potential to Succeed
Conditioning through One's Environment
Conditioned Self-Restrictions
Learning from Mistakes and Setbacks
Encouraging Others to Succeed

Session Five:

Building a Positive Self-Image

The Importance of a Positive Self-Image
Self-Image and Leadership
Strengthening Your Self-Image
Enjoying the Freedom to Choose
Preparing for Leadership Opportunities
Living with Positive Expectancy
Attitude Is Everything!

Session Six:

Understanding Motivation

Motivation and Needs
Understanding Our Basic Human Needs
Traditional Approaches to Motivation
The Power of Motivation through Attitude
Motivation and Your Meaning for Life
Commitment to a Single Purpose
Defining Your Personal Life's Mission

Session Seven:

The Power of Goal Setting

The Importance of Your Values
The Principles of Goal Setting
Five Steps to Successful Goal Setting
Goal Setting Helps Balance Family and Work

Session Eight:

Affirmation and Visualization

The Power of Affirmations
Types of Affirmations
Why Affirmations Work
Guidelines for Writing Effective Affirmations
Visualization and Imagination
Visualization and Your Leadership Priorities

This program helps participants to develop the critical attitudes, self-confidence and qualities that meet the demands of modern business. You will examine your organization's culture and how it impacts success, how to align your leadership skills with your organizational culture, the choices and trade-offs that may be necessary to attain, regain, or maintain work/life balance, and other unique challenges that women face as they move higher in their organizations.



LEADERSHIP FOR WOMEN

Make a Difference Through Leadership

Session Nine:

The Challenge of Leadership

Integrating Personal Goals and Leadership
Planning for Group Accomplishment
Attitudes for Leading Others
Sharing the Power with Team Members
The Art of Empowering Others
Delegating with a Purpose
Tracking Performance
Trust Earns Respect and Equals Productivity

Session Ten:

Time Management

Time is Your Friend
Types of Time Problems
A Positive Time Program
Planning and Decision Making
Organizing Time
Managing Time
Controlling Your Time

Session Eleven:

Communication and Persuasion

The Importance of Good Communication
Planning the Total Message
Breaking Down Psychosocial Barriers'
Communicating Verbally
Communicating Via E-mail, Fax and Memo
Using Your Power to Persuade

Session Twelve:

Your Final Destination – Personal Fulfilment and Leadership Success!

Dreams Become Reality
Your Widening Circle of Success
The Rewards of Leadership
The Leadership Challenge

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OTHER LMI DEVELOPMENT TOPICS

Productivity ■ Teamwork ■ Sales ■ Communication ■ Supervision ■ Strategic Management

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