



LMI CANADA INC.'S
EXECUTIVE SHOWCASE
EFFECTIVE PERSONAL PRODUCTIVITY

PROGRAM: **EFFECTIVE PERSONAL PRODUCTIVITY (Tri Cities)**

START DATE: **Wednesday May 13, 2026**

DAY & TIME: **Wednesday, 2 hours (9:00 – 11:00 am)**

TERM: **8 Sessions (Facilitation) Plus 2 Pre Sessions and Graduation**

PLACE: **HYBRID – Sessions will be offered both in person (preferred) and ZOOM-based on participant preference and availability.**

Sessions will be held at CoWorks by Elevate- A113 - 2099 Lougheed Highway, Port Coquitlam, V3B 1A8 unless otherwise noted.

ZOOM link: <https://zoom.us/j/5899286141?pwd=qLICNxGjVIZsXPv9bqmIOlva2LABkV.1>

Facilitation by Rod Ezekiel – rezekiel@lmicanada.ca / 236 862 3711

PRE-FACILITATION INCLUDES:

- Two-hour Goal Setting strategizing meeting with Mentor & Participant (Personal and Organizational goals) set in Mutual Commitment Agreement.
- Personal Profile Evaluation for each participant, which includes – *Administering profile session, scoring and running of profiles, providing two profile reports (one for individual and one coaching report given to Mentor, as required) and participant profile overview with Mentor.*
- Mentor's coaching guide provided

FACILITATION INCLUDES:

- Two 2-hour pre-conference goal setting workshop sessions and six (6) impact sessions (Total 8 sessions)
- Workbooks, Program files, Audio Material (MP3) and other materials provided
- My-Tyme time management system for participant
- "Triangle of Communication" - pre-set weekly coaching sessions between Mentor and participant, Facilitator and Mentor and weekly facilitation of participant
- Mid-term evaluation Report meeting with Mentor
- Mentor's attendance to final session for results and certificate presentation

INVESTMENT:

- Contact Rod Ezekiel for more information rezekiel@lmicanada.ca / 236 862 3711



EFFECTIVE PERSONAL PRODUCTIVITY 2026 SPRING DEVELOPMENT SCHEDULE – TRI CITIES

Leadership Management International
Facilitated by Redwood Leadership and Wellbeing CEO Rod Ezekiel

*SCHEDULE OF SESSIONS

Pre-conference Goal Setting <i>Defining the Goal & Tracking</i>	Wednesday	May 13	9:00 – 11:00 am
Pre-conference Goal Setting <i>Refinement of Goal Tracking</i>	Wednesday	May 27	9:00 – 11:00 am
Kick Off <i>Introduction to Concepts</i>	Wednesday	June 10	9:00 – 11:00 am
Goal Planning <i>Developing Goal Planning Sheets</i>	Wednesday	Jun 24	9:00 – 11:00 am
Lesson One <i>The Nature of Productivity</i>	Wednesday	July 08	9:00 – 11:00 am
Lesson Two <i>Productivity Through Goals Achievement</i>	Wednesday	July 22	9:00 – 11:00 am
Lesson Three & Mid-term Review <i>Increasing Productivity Through Managing Priorities</i>	Wednesday	August 05	9:00 – 11:00 am
Lesson Four <i>Improving Productivity Through Communication</i>	Wednesday	August 19	9:00 – 11:00 am
Lesson Five <i>Empowering the Team for Peak Performance</i>	Monday	August 26	9:00 – 11:00 am
Lesson Six <i>Increasing Productivity of the Team</i>	Wednesday	September 9	9:00 – 11:00 am
Participant Graduation Presentations <i>Please invite your mentor</i>	Wednesday	September 23	9:00 – 11:00 am

Dates are Subject to change. Some Sessions may be done virtually as part of a larger group setting. Details will be provided in advance of any changes.