



Executive Showcase - Effective Personal Productivity

PROGRAM: EFFECTIVE PERSONAL PRODUCTIVITY (Maple Ridge)

START DATE: Tuesday, November 24, 2026

DAY & TIME: Tuesday, 2.5 hours (9:00 – 11:30 am)

TERM: 8 Sessions (Facilitation) Plus 2 Pre Sessions and Graduation

PLACE: Live – Sessions will be offered in person. Sessions will be held at Regus, 22420 Dewdney Trunk Road, Suite 300, Maple Ridge, BC, V2X 3J5, Canada, unless otherwise noted.

Facilitation by Rod Ezekiel – rezekiel@lmicanada.ca / 236 862 3711

PRE-FACILITATION INCLUDES:

- Two-hour Goal Setting strategizing meeting with Mentor & Participant (Personal and Organizational goals) set in Mutual Commitment Agreement.
- Personal Profile Evaluation for each participant, which includes – *Administering profile session, scoring and running of profiles, providing two profile reports (one for individual and one coaching report given to Mentor, as required) and participant profile overview with Mentor.*
- Mentor's coaching guide provided.

FACILITATION INCLUDES:

- Two 2-hour pre-conference goal setting workshop sessions and six (6) impact sessions (Total 8 sessions).
- Workbooks, program files, audio material (MP3), and other materials provided.
- My-Tyme time management system for participant.
- “Triangle of Communication” – pre-set weekly coaching sessions between Mentor and participant, Facilitator and Mentor, and weekly facilitation of participant. Mid-term evaluation report meeting with Mentor. Mentor's attendance to final session for results and certificate presentation.



- Contact Rod Ezekiel for more information: rezekiel@lmicanada.ca / 236 862 3711

Effective Personal Productivity®

Create a High-Performance Organization

Facilitated by Redwood Leadership and Wellbeing CEO Rod Ezekiel

Schedule of Sessions

Session	Description	Day	Date	Time
Pre-conference Goal Setting	<i>Defining the Goal & Tracking</i>	Tuesday	November 24, 2026	9:00 – 11:30 am
Pre-conference Goal Setting	<i>Refinement of Goal Tracking</i>	Tuesday	December 8, 2026	9:00 – 11:30 am
Kick Off	<i>Introduction to Concepts</i>	Tuesday	December 22, 2026	9:00 – 11:30 am
Goal Planning	<i>Developing Goal Planning Sheets</i>	Tuesday	January 5, 2027	9:00 – 11:30 am
Lesson One	<i>The Nature of Productivity</i>	Tuesday	January 19, 2027	9:00 – 11:30 am
Lesson Two	<i>Productivity Through Goals Achievement</i>	Tuesday	February 2, 2027	9:00 – 11:30 am
Lesson Three & Mid-term Review	<i>Increasing Productivity Through Managing Priorities</i>	Tuesday	February 16, 2027	9:00 – 11:30 am
Lesson Four	<i>Improving Productivity Through Communication</i>	Tuesday	March 2, 2027	9:00 – 11:30 am
Lesson Five	<i>Empowering the Team for Peak Performance</i>	Tuesday	March 16, 2027	9:00 – 11:30 am
Lesson Six	<i>Increasing Productivity of the Team</i>	Tuesday	March 30, 2027	9:00 – 11:30 am
Participant Graduation Presentations	<i>Please invite your mentor</i>	Tuesday	April 13, 2027	9:00 – 11:30 am
Additional session / contingency	<i>Reserved for scheduling needs, if required</i>	Tuesday	April 27, 2027	9:00 – 11:30 am