

**LMI Canada Inc.'s
Executive Showcase
Effective Leadership Development**



PROGRAM: EFFECTIVE LEADERSHIP DEVELOPMENT

START DATE: Wednesday August 19, 2026

DAY & TIME: Wednesdays, 2 hours (9:00 – 11:00 am)

TERM: 10 Sessions (Facilitation) Plus 2 Pre Sessions and Graduation

PLACE: LIVE – Sessions will be offered in person . Sessions will be held at 5455 152nd Street, Unit 208, Surrey, V3S 5A5 unless otherwise noted.

Facilitation by Rod Ezekiel – rod@redwoodwellbeing.ca / 236 862 3711 | CEO of Redwood Leadership & Wellbeing

Effective Leadership Development – Program Overview

Program Description

The Effective Leadership Development program is a structured leadership skills course designed for supervisors and managers. Participants attend group training sessions where they learn and practice practical leadership competencies such as time management, delegation, communication, motivation, problem-solving, and developing staff.

The course uses a consistent curriculum for all participants and focuses on classroom/online learning activities, including short presentations, group discussion, individual reflection, and skills-practice exercises. It is not customized consulting or business planning; it is a standardized leadership training program.

Introductory Sessions

Two initial sessions introduce the program and help participants set personal learning objectives and become familiar with the tools used in the course (workbooks, planners, and learning materials). Participants begin to reflect on their current leadership habits and identify areas for improvement.



Core Training Sessions – Skill Focus

- **Lesson One – Successful Leaders Are Made, Not Born** – Focus: Foundational leadership concepts, attitudes, and behaviours that support effective leadership.
- **Lesson Two – Improving Results Through Better Time Management** – Focus: Planning and prioritizing work, managing one's own time and the time of others, and using time-management tools.
- **Lesson Three – Exercising Authority Effectively** – Focus: Giving clear direction, setting expectations, holding people accountable, and using authority in a positive way.
- **Lesson Four – The Art of Delegation** – Focus: Deciding what to delegate, matching tasks to people, providing instructions, and following up on delegated work.
- **Lesson Five – Effective Communication Is a Leadership Essential** – Focus: Two-way communication, active listening, giving and receiving feedback, and adjusting communication style.
- **Lesson Six – Motivating People to Produce** – Focus: Understanding what motivates individuals, using non-financial motivators, and applying simple motivation techniques.
- **Lesson Seven – Preventing and Solving Problems** – Focus: Recognizing issues early, defining problems clearly, and using a step-by-step approach to resolve people-related problems.
- **Lesson Eight – Developing People's Potential** – Focus: Basic coaching skills, on-the-job training, and supporting employees' ongoing development.

Learning Materials and Assessment

Participants receive standardized course materials such as workbooks, program files, audio material (MP3), and a time-management planner to support practice of the skills taught.

Learning is assessed through:

- Completion of course exercises and short assignments.
- Participation in discussions and skills-practice activities.
- A brief final presentation or summary at the graduation session describing how the participant will apply newly learned leadership skills in their role.

A certificate of completion from LMI Canada is provided to participants who finish the program requirements and attend the graduation session.



EFFECTIVE LEADERSHIP DEVELOPMENT – 2026/2027 Development Schedule

Session	Topic / Focus	Day	Time
Pre-conference Goal Setting August 19, 2026	<i>Defining the Science of Goal Setting and Tracking</i>	Wednesday	9:00 – 11:00 am
Pre-conference Goal Setting September 2, 2026	<i>Refinement of Goal Tracking & Measurements</i>	Wednesday	9:00 – 11:00 am
Kick Off September 16, 2026	<i>Introduction to Concepts</i>	Wednesday	9:00 – 11:00 am
Goal Planning September 30, 2026	<i>Developing Goal Planning Sheets</i>	Wednesday	9:00 – 11:00 am
Lesson One October 14, 2026	<i>Successful Leaders are Made not Born</i>	Wednesday	9:00 – 11:00 am
Lesson Two October 28, 2026	<i>Improving Results Through Better Time Management</i>	Wednesday	9:00 – 11:00 am
Lesson Three & Mid-term Review November 11, 2026	<i>Exercising Authority Effectively</i>	Wednesday	9:00 – 11:00 am
Lesson Four November 25, 2026	<i>The Art of Delegation</i>	Wednesday	9:00 – 11:00 am
Lesson Five December 9, 2026	<i>Effective Communication is a Leadership Essential</i>	Wednesday	9:00 – 11:00 am
Lesson Six December 23, 2026	<i>Motivating People to Produce</i>	Wednesday	9:00 – 11:00 am
Lesson Seven January 6, 2027	<i>Preventing and Solving Problems</i>	Wednesday	9:00 – 11:00 am
Lesson Eight January 20, 2027	<i>Developing People's Potential</i>	Wednesday	9:00 – 11:00 am
Graduation Ceremony February 3, 2027	<i>Celebration of Completion · Certificate from LMI Canada HQ</i>	Wednesday	9:00 – 11:00 am

Dates are Subject to change. Some Sessions may be done virtually as part of a larger group setting. Details will be provided in advance of any changes.

