

### EFFECTIVE PERSONAL PRODUCTIVITY®

Creating a High-Performance Organization

# Effective Personal Productivity Development Schedule February 2026

Pre-conference Goal Setting Defining the Goal & Tracking	Tuesday	February 10th	9:00 - 11:00 am ET
Kick Off Introduction to Concepts	Tuesday	February 17th	9:00 – 11:00 am ET
Goal Planning Developing Goal Planning Sheets	Tuesday	February 24th	9:00 – 11:00 am ET
Lesson One The Nature of Productivity	Tuesday	March 3rd	9:00 - 11:00 am ET
Lesson Two Productivity Through Goals Achievement	Tuesday	March 17th	9:00 - 11:00 am ET
Lesson Three Increasing Productivity Through Managing Priorities	Tuesday	March 31st	9:00 - 11:00 am ET
Mid-term Review Refinement of Goal Tracking	Tuesday	April 7th	9:00 - 11:00 am ET
Lesson Four Improving Productivity Through Communication	Tuesday	April 14th	9:00 - 11:00 am ET
Lesson Five Empowering the Team for Peak Performance	Tuesday	April 28th	9:00 – 11:00 am ET
Lesson Six Increasing Productivity of the Team	Tuesday	Mary 12th	9:00 – 11:00 am ET
Participant Graduation Presentations Please invite your mentor	Tuesday	May 19th	9:00 - 11:00 am ET

Dates are Subject to change

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### **The Unique LMI Process**

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions
- Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- Complete resource materials allow multi-sensory learning
- Eight interactive sessions are facilitated in convenient bi-weekly workshops
- Participants present key results and a summary of course accomplishments at a special Graduation Meeting.
   Certificates are awarded

### Session One & Two: Pre-Conference Goal Setting

- Introduction to Goal Setting
- · Defining the Goal & Tracking
- · Refinement of Goal Tracking

#### Session Three: Program Kick-off

- Concepts of Success, Motivation & Attitude
- · Organizational Climate Survey
- Individual Self-Image Profiles
- · Success as Related to Past Conditioning
- Attitude and Habits Effective Motivators
- · Multi-Sensory Learning
- Spaced Repetition

### **Session Four: Developing Goal Planning Sheets**

- Validation of ROI
- Developing Personal Related Goal Planning Sheets
- · Developing Business Related Goal Planning Sheets
- Fine Tuning Goal Tracking Systems
- My-Tyme Planner & Goal Planning Sheets
- Profile Evaluation Awareness and Integration into Goal Planning Sheets

#### **Session Five: The Nature of Productivity**

- What is Productivity?
- Time The Key Resource for Increasing Productivity
- · Attitudes Toward Planning and Goal Setting
- Attitudes Toward Other People
- Attitudes Toward External Circumstances
- Attitudes Toward Practices and Procedures
- Attitudes Toward Yourself
- · Identifying and Using High Payoff Activities
- Establishing a Baseline for Productivity
- The Rewards of Improving Productivity

### Session Six: Productivity Through Goals Achievement

- Having a Positive Self-Image
- Personal and Organizational Goals
- How the Goal-Setting Process Works
- The Power of Written Goals
- Finding Time for Planning and Goal Setting
- Tracking and Feedback
- Putting Affirmation and Visualization into Practice

## Session Seven: Increasing Productivity Through Managing Priorities

- Setting Priorities for Each Day
- Setting Priorities in All Areas of Life
- Maintaining Focus by Limiting Interruptions
- · Handling Email Efficiently
- Managing Communications
- Setting Up an Efficient Work Area
- Managing Drop-In Visitors
- · Crisis Management
- Protect Your Productivity by Saying "No"

# Session Eight: Improving Productivity Through Communication

- Mastering Communication Skills
- · The Role of Empathy in Communication
- How Behaviour Affects Communication
- · Asking the Right Questions
- Listening for the Total Message
- Writing for Clear Communication
- Using Email Properly
- Using Technology Efficiently and Effectively

## Session Nine: Empowering the Team for Peak Performance

- The Empowerment Imperative
- The Benefits of Empowerment
- Empowering Different Generations
- Attitudes The Heart of Empowerment
- Developing Team Players Through Delegation
- · Levels of Delegation
- Communication and Delegation

### **Session Ten: Increasing Productivity of the Team**

- Sharing and Communicating Goals
- Creating a Learning Environment
- Developing and Coaching Self-Directed Work Teams
- Developing People to Be Their Best
- Following Efficient Procedures
- Implementing Productive Meeting Strategies
- Living with Positive Expectancy
- Celebrating Your Success!

