



LMI CANADA INC.'S  
**EXECUTIVE SHOWCASE**  
EFFECTIVE PERSONAL PRODUCTIVITY

**PROGRAM: EFFECTIVE PERSONAL PRODUCTIVITY (Tri Cities)**

**START DATE:** **Wednesday April 15, 2026**  
**DAY & TIME:** **Wednesday, 2 hours (9:00 – 11:00 am)**  
**TERM:** **8 Sessions (Facilitation) Plus 2 Pre Sessions and Graduation**  
**PLACE:** **HYBRID – Sessions will be offered both in person (preferred) and ZOOM-based on participant preference and availability.**

**Sessions will be held at CoWorks by Elevate- A113 - 2099 Lougheed Highway, Port Coquitlam, V3B 1A8 unless otherwise noted.**

**ZOOM link:** <https://zoom.us/j/5899286141?pwd=qLICNxGjVIZsXPv9bqmIOlva2LABkV.1>

**Facilitation by Rod Ezekiel – rezekiel@lmicanada.ca / 236 862 3711**

**PRE-FACILITATION INCLUDES:**

- Two-hour Goal Setting strategizing meeting with Mentor & Participant (Personal and Organizational goals) set in Mutual Commitment Agreement.
- Personal Profile Evaluation for each participant, which includes – *Administering profile session, scoring and running of profiles, providing two profile reports (one for individual and one coaching report given to Mentor, as required) and participant profile overview with Mentor.*
- Mentor's coaching guide provided

**FACILITATION INCLUDES:**

- Two 2-hour pre-conference goal setting workshop sessions and six (6) impact sessions (Total 8 sessions)
- Workbooks, Program files, Audio Material (MP3) and other materials provided
- My-Tyme time management system for participant
- "Triangle of Communication" - pre-set weekly coaching sessions between Mentor and participant, Facilitator and Mentor and weekly facilitation of participant
- Mid-term evaluation Report meeting with Mentor
- Mentor's attendance to final session for results and certificate presentation

**INVESTMENT:**

- Contact Rod Ezekiel for more information [rezekiel@lmicanada.ca](mailto:rezekiel@lmicanada.ca) / 236 862 3711



## EFFECTIVE PERSONAL PRODUCTIVITY 2026 SPRING DEVELOPMENT SCHEDULE – TRI CITIES

**Leadership Management International**  
Facilitated by Redwood Leadership and Wellbeing CEO Rod Ezekiel

### \*SCHEDULE OF SESSIONS

#### Pre-conference Goal Setting

*Defining the Goal & Tracking*

**Wednesday**

April 15

9:00 – 11:00 am

#### Pre-conference Goal Setting

*Refinement of Goal Tracking*

**Wednesday**

April 29

9:00 – 11:00 am

#### Kick Off

*Introduction to Concepts*

**Wednesday**

May 13

9:00 – 11:00 am

#### Goal Planning

*Developing Goal Planning Sheets*

**Wednesday**

May 27

9:00 – 11:00 am

#### Lesson One

*The Nature of Productivity*

**Wednesday**

June 10

9:00 – 11:00 am

#### Lesson Two

*Productivity Through Goals Achievement*

**Wednesday**

Jun 24

9:00 – 11:00 am

#### Lesson Three & Mid-term Review

*Increasing Productivity Through Managing Priorities*

**Wednesday**

July 08

9:00 – 11:00 am

#### Lesson Four

*Improving Productivity Through Communication*

**Wednesday**

July 22

9:00 – 11:00 am

#### Lesson Five

*Empowering the Team for Peak Performance*

**Monday**

August 05

9:00 – 11:00 am

#### Lesson Six

*Increasing Productivity of the Team*

**Wednesday**

August 19th

9:00 – 11:00 am

#### Participant Graduation Presentations

*Please invite your mentor*

**Wednesday**

August 26

9:00 – 11:00 am

**Dates are Subject to change. Some Sessions may be done virtually as part of a larger group setting. Details will be provided in advance of any changes.**