

# **EFFECTIVE PERSONAL PRODUCTIVITY®**

Creating a High-Performance Organization

# DEVELOPMENT SCHEDULE OCTOBER 2025

Pre-conference Goal Setting  Defining the Goal & Tracking	Wednesday	October 16	9:00 – 11:00 am
Pre-conference Goal Setting Refinement of Goal Tracking	Wednesday	October 30	9:00 – 11:00 am
Kick Off Introduction to Concepts	Wednesday	Nov 13	9:00 – 11:00 am
Goal Planning Developing Goal Planning Sheets	Wednesday	Nov 27	9:00 – 11:00 am
Lesson One The Nature of Productivity	Wednesday	Dec 11	9:00 – 11:00 am
<b>Lesson Two</b> <i>Productivity Through Goals Achievement</i>	Wednesday	January 08	9:00 – 11:00 am
Lesson Three & Mid-term Review Increasing Productivity Through Managing Priorities	Wednesday	January 22	9:00 – 11:00 am
Lesson Four Improving Productivity Through Communication	Wednesday	February 12	9:00 – 11:00 am
Lesson Five Empowering the Team for Peak Performance	Wednesday	February 26	9:00 – 11:00 am
<b>Lesson Six</b> <i>Increasing Productivity of the Team</i>	Wednesday	March 12	9:00 – 11:00 am
Participant Graduation Presentations  Please invite your mentor	Wednesday	March 26	9:00 – 11:00 am

**Dates are Subject to change** 



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# The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions
- Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- Complete resource materials allow multi-sensory learning
- Eight interactive sessions are facilitated in convenient bi-weekly workshops
- Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

#### Session One:

# Introduction to Concepts

Concepts of Success, Motivation & Attitude Changes Organizational Climate Survey Individual Self-Image Profiles Success as Related to Past Conditioning Attitude and Habits – The Effective Motivators Multi-Sensory Learning Spaced Repetition The Power of Goal Setting

#### Session Two:

# Developing Goal Planning Sheets

Validation of ROI

Developing Personal Related Goal Planning Sheets

Developing Business Job Related Goal Planning Sheets

Fine Tuning Goal Tracking Systems

Integration of My-Tyme Planner with Goal Planning Sheets

Profile Evaluation Awareness and Integration into Goal Planning Sheets

# Session Three:

# The Nature of Productivity

What is Productivity?

Time – The Key Resource for Increasing Productivity

Attitudes Toward Planning and Goal Setting

Attitudes Toward Other People

Attitudes Toward External Circumstances

Attitudes Toward Practices and Procedures

Attitudes Toward Yourself

Identifying and Using High Payoff Activities

Establishing a Base Line for Productivity

The Rewards of Improving Productivity

# Session Four:

# Productivity Through Goals Achievement

Having a Positive Self-Image Personal and Organizational Goals

How the Goal-Setting Process Works

The Power of Written Goals

Finding Time for Planning and Goal Setting

Tracking and Feedback

Putting Affirmation and Visualization into Practice

#### Session Five:

# Increasing Productivity Through Managing Priorities

Setting Priorities for Each Day
Setting Priorities in All Areas of Life
Maintaining Focus by Limiting Interruptions
Handling E-mail Efficiently
Managing Communications
Setting Up an Efficient Work Area
Managing Drop-In Visitors
Crisis Management
Protect Your Productivity by Saying "No"

### Session Six:

# Improving Productivity Through Communication

Mastering Communication Skills
The Role of Empathy in Communication
How Behaviour Affects Communication
Asking the Right Questions
Listening for the Total Message
Writing for Clear Communication
Using E-mail Properly
Using Technology Efficiently and Effectively

## Session Seven:

# Empowering the Team for Peak Performance

The Empowerment Imperative
The Benefits of Empowerment
Empowering Different Generations
Attitudes – The Heart of Empowerment
Developing Team Players Through Delegation
Levels of Delegation
Communication and Delegation

### Session Eight:

# Increasing Productivity of the Team

Sharing and Communicating Goals
Creating a Learning Environment
Developing and Coaching Self-Directed Work Teams
Developing People to Be Their Best
Following Efficient Procedures
Implementing Productive Meeting Strategies
Living with Positive Expectancy
Celebrating Your Success!

This program will help you communicate more effectively, deal with interruptions, and learn how controlling priorities will increase your productivity. You will become a team player, get the right people in the right roles with the right goals, as well as evaluate your attitudes and make productive behavioural changes. You will thrive in a learning environment by setting goals and achieving results.