



# Don't know what to do about communication challenges? We Do.

Understanding the various personality styles and their impact on workplace dynamics helps people communicate and work successfully with others. Effective communication requires us not only to be aware of ourselves, but also to be responsive and aware of others.

This hands-on workshop will provide participants with a personal assessment, equip them to understand personality styles which are different than their own and provide strategies to effectively interact with others. Participants will build an awareness of their communication patterns and learn to deal confidently with people around them. We will cover such topics as:

- Why do we need to communicate?
- Communication Barriers at work
- Tips for communicating more effectively using mindfulness
- Learn the Four Primary Communication styles
- Listening with empathy for the total message
- Written & Email communication
- Learn about your unique style and to become a master communicator

Use this link to send PAYPAL payment or send e-transfer \$849 to [rezekiel@lmicanada.ca](mailto:rezekiel@lmicanada.ca)

## \$849.00

Taxes are waived for this workshop event

Effective Communication for Success - Workshop

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[www.lmicanada.ca](http://www.lmicanada.ca)

Leadership Management International Canada-  
facilitation by Redwood Leadership & Wellbeing Inc



2 Sessions Via ZOOM – **Wed July 16 & 23** 10 am to 12 noon

Limited participants – Call now to secure your spot

**"Developing Leaders and Organizations to Their Full Potential!"**