

The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- ✓ Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions.
- ✓ Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- ✓ Complete resource materials allow multi-sensory learning
- ✓ Twelve interactive sessions are facilitated in convenient bi-weekly workshops
- ✓ Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

Session One:
Understanding Concepts

Concepts of Success, Motivation & Attitude Changes
 Organizational Climate Survey
 Individual Self-Image Profiles
 Success as Related to Past Conditioning
 Attitude and Habits – The Effective Motivators
 Multi-Sensory Learning
 Spaced Repetition
 The Power of Goal Setting

Session Two:
Goal Setting

Validation of ROI
 Developing Personal Related Goal Planning System
 Developing Business Job Related Goal Planning System
 Fine Tuning Goal Tracking Systems
 Integration of My-Tyme Planner with Goal Planning System
 Profile Evaluation Awareness and Integration into Goal Planning System

Session Three:
Personal Leadership is Where it Begins

To Know Yourself is to Lead Others
 The Untapped Potential of Women Leaders
 The Rewards of Personal Leadership
 A Leadership Philosophy that Works
 The Journey to Successful Personal Leadership

Session Four:
The Challenge of Conditioning

Redefining Women's Leadership Roles
 A Great Time for Women
 Challenging the Effects of Conditioning
 Your Unlimited Potential to Succeed
 Conditioning through One's Environment
 Conditioned Self-Restrictions
 Learning from Mistakes and Setbacks
 Encouraging Others to Succeed

Session Five:
Building a Positive Self-Image

The Importance of a Positive Self-Image
 Self-Image and Leadership
 Strengthening your Self-Image
 Enjoying the Freedom to Choose
 Preparing for Leadership Opportunities
 Living with Positive Expectancy
 Attitude is Everything!

Session Six:
Understanding Motivation

Motivation and Needs
 Understanding our Basic Human Needs
 Traditional Approaches to Motivation
 The Power of Motivation through Attitude
 The Importance of Your Values
 Motivation and Your Meaning for Life
 Commitment to a Single Purpose
 Defining your Personal Life's Mission

This program helps participants to develop the critical attitudes, self-confidence and qualities that meet the demands of modern business. You will examine your organization's culture and how it impacts success, how to align your leadership skills with your organizational culture, the choices and trade-offs that may be necessary to attain, regain, or maintain work/life balance, and other unique challenges that women face as they move higher in their organizations.

OTHER LMI DEVELOPMENT TOPICS

Productivity ■ Teamwork ■ Sales ■ Communication ■ Supervision ■ Strategic Management

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Session Seven:
The Power of Goal Setting

The Principles of Goal Setting
 Five Steps to Successful Goal Setting
 Step One: Crystalize your Thinking
 Step Two: Develop a Written Plan with Deadlines for its Attainment
 Step Three: Possess a Burning Desire
 Step Four: Develop Supreme Confidence
 Step Five: Keep an Iron-willed Determination
 Goal Setting Helps Balance Family and Work

Session Ten:
The Challenge of Leadership

Integrating Personal Goals and Leadership
 Planning for Group Accomplishment
 Attitudes for Leading Others
 Sharing Power with Team Members
 The Art of Empowering Others
 Delegating with a Purpose
 Tracking Performance
 Trust Earns Respect and Equals Productivity

Session Eight:
Affirmation and Visualization

The Power of Affirmation
 Types of Affirmations
 Why Affirmations Work
 Guidelines for Writing Effective Affirmations
 Visualization and Imagination
 Visualization and Your Leadership Priorities

Session Eleven:
Communication and Persuasion

The Importance of Good Communication
 Planning the Total Message
 Breaking Down Psychosocial Barriers
 Communicating Verbally
 Communicating through Technology
 Using Your Power to Persuade

Session Nine:
Time Management

Time is Your Friend
 Types of Time Problems
 A Positive Time Program
 Planning and Decision Making
 Organizing Time
 Managing Time
 Controlling Your Time

Session Twelve:
Your Final Destination - Personal Fulfillment and Leadership Success!

Dreams Become Reality
 Your Widening Circle of Success
 The Rewards of Leadership
 The Leadership Challenge

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