

The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- ✓ Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions
- ✓ Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- ✓ Complete resource materials allow multi-sensory learning
- ✓ Fourteen interactive sessions are facilitated in convenient bi-weekly workshops
- ✓ Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

Session One:

Introduction to Concepts

Concepts of Success, Motivation & Attitude Changes
 Organizational Climate Survey
 Individual Self-Image Profiles
 Success as Related to Past Conditioning
 Attitude and Habits – The Effective Motivators
 Multi-Sensory Learning
 Spaced Repetition
 The Power of Goal Setting

Session Two:

Goal Setting

Validation of ROI
 Developing Personal Related Goal Planning Sheets
 Developing Business Job Related Goal Planning Sheets
 Fine Tuning Goal Tracking Systems
 Integration of My-Tyme Planner with Goal Planning Sheets
 Profile Evaluation Awareness and Integration into Goal Planning Sheets

Session Three:

Your Potential for Personal Leadership

Believing in Your Full Potential
 Discovering Your Untapped Potential
 Your Opportunity for Leadership Growth
 Personal Leadership Requires Courage
 Focusing on Your Strengths
 The Rewards of Leadership
 The Internal Nature of Personal Leadership

Session Four:

Self-Knowledge: the Source of Personal Leadership

Self-Knowledge and Emotional Intelligence
 Leading with Emotional Intelligence
 Understanding Our Past
 Breaking Out of a Conditioned Existence
 Developing a Strong Self-Image
 True Leaders Are Authentic Leaders
 Committing to Authentic Leadership

Session Five:

Six Essentials of Personal Leadership

Success Essential #1: Personal Responsibility
 Success Essential #2: Purpose
 Success Essential #3: Plan
 Success Essential #4: Passion
 Success Essential #5: Positive Expectancy
 Success Essential #6: Persistence

Session Six:

Take Personal Responsibility

Personal Responsibility Equals Freedom
 Personal Responsibility and Self-Motivation
 Recognizing Our Basic Human Needs
 The Disadvantages of Motivation through Fear
 The Limits of Motivation through Incentive
 The Power of Motivation through Attitudes

Session Seven:

Discover Your Purpose

Singleness of Purpose Requires Commitment
 Discovering Your Life Purpose
 Crystallizing Your Life Purpose
 Establishing Your Priorities
 Creating a Personal Mission Statement
 The Fundamentals of Goal Setting
 Avoiding Distractions on Your Path

Session Eight:

Plan Your Path

Programming Your Goal-Setting Computer
 Committing to Your Goals
 Understanding Different Goals
 Tangible and Intangible Goals
 Obstacles to Goals Achievement
 The Power of Target Dates
 Is it Worth it to Me?

This program will help you realize your potential for personal leadership through building on strengths and improving self-image, as well as increase self-motivation by altering attitudes, behaviours and habits. You will make choices for success by overcoming past conditioning, and you will develop a written and specific Plan of Action for success.



EFFECTIVE PERSONAL LEADERSHIP®

Releasing your untapped potential

Session Nine:

Ignite Your Passion

Making Passion a Way of Life
The Hallmarks of Genuine Passion
Enthusiasm Reflects Your Passion
Controlling the Emotional Climate
How to Build Enthusiasm
The Benefits of Enthusiasm

Session Ten:

Act With Positive Expectancy

Positive Expectancy Requires Belief
How Positive Expectancy Works
Positive Expectancy Starts with Affirmation
Positive Expectancy is Magnified with Visualization
Developing an Attitude of Positive Expectancy
How Our Attitudes and Habits Are Formed
Changing Current Attitudes and Habits
The Self-Fulfilling Prophecy

Session Eleven:

Follow Through With Persistence

Reasons Why People Quit
Developing Iron-Willed Persistence
Turning Adversity into Opportunity
Making Good Decisions Requires Persistence
Persistence Pays Off!

Session Twelve:

Living A Balanced Life

The Total Person® and Personal Leadership
Planning Your Time with Priorities in Mind
Time Is Your Most Valuable Asset
Taking Responsibility for the Time You Use
Becoming a Total Person®

Session Thirteen:

The Art of Successful Communication

Leaders Are Communicators
The Critical Role of Empathy in Communication
Learning to Listen with Empathy
Developing Empathy
Setting an Example by Relationship Management
Leadership through Communication

Session Fourteen:

Multiplying Your Leadership

Leaders Have Integrity and Character
Leaders Are Role Models
Leaders Are Developers of People
Leaders Are Empowerers of People
The rewards of Empowering Others
Living a Life Filled with Potential
The Leadership Challenge

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OTHER LMI DEVELOPMENT TOPICS

Productivity ■ Teamwork ■ Sales ■ Communication ■ Supervision ■ Strategic Management

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