



ACHIEVING ACEDMIC SUCCESS

For Middle School to High School Students

The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results are achieved:

- ✓ Support from the LMI Facilitator (if requested) guides the Participant's day-to-day application of the learning
- ✓ Complete resource materials allow multi-sensory learning
- ✓ Thirteen interactive sessions are facilitated in convenient bi-weekly workshops
- ✓ Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

Session One:

Introduction to Concepts

Concepts of Success, Motivation & Attitude Changes
Success as Related to Past Conditioning
Attitude and Habits – The Effective Motivators
The Power of Goal Setting

Session Two:

Enjoy Tomorrow's Success Today

A Personal Definition of Success
Your Resources for Success Now and in the Future
Turning Your Dreams into Goals
Living with Excitement and Anticipation

Session Three:

Motivation – Key to Success

Begin with Interest
Develop Self-Motivation
Choose Your Own Future
Decide – Then Act

Session Four:

Planning This Year's School Goals

The Power of Goal Setting
Your Present Skills
Establishing Workable Priorities
Plans for Reaching School Goals
Responsibility for Your Success

Session Five:

Time – Your Most Valuable Possession

Planning for Efficient Use of Time
Controlling Your Time to Enjoy Life
Working Your Plan Successfully

Session Six:

Effective Study Habits

Finding a Place for Study
Controlling the Study Atmosphere
Managing Study Time
Maintaining Concentration

Session Seven:

How to Study a Textbook

Initial Preview and Planning
Scanning for Ideas
Intensive Reading and Notes
Review to Remember

Session Eight:

Preparing Written Work

Scheduling and Deadlines
Notes and Research
First Draft and Editing
Final Copy

Session Nine:

Winning on Exam Day

Building Confidence in Yourself
Successful Study Methods for Exams
Practical Strategies for Exam Day
Building Positive Feelings about Exams

Session Ten:

Getting Along with Teachers

What Teachers Expect from You
What You Can Expect from Teachers
Your Attitude is Your Choice
Handling Personality Conflicts

Session Eleven:

Making Friends with Classmates

Choosing Friends Wisely
Building Lasting Friendships
Belonging to a Group
Dealing with Peer Pressure
Maintaining Your Own Unique Personality

Session Twelve:

Extracurricular Activities

The Importance of Participation
Choosing the Right Activity
Learning from Extracurricular Activities
Developing Leadership Skills

Session Thirteen:

Choosing Future Educational Goals

Exploring Ideas for Careers
Developing Basic Attitudes for Career Success
Considering a Variety of Options

This program will help you form the basic habits of success that will open doors of opportunity throughout your life. You will discover and use your full potential, achieve your most challenging goals and discover and understand your talents and abilities that make up your potential.

OTHER LMI FAMILY DEVELOPMENT TOPICS

Finance ■ Attitude ■ Parenting ■ Motivation

www.lmicanada.ca

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