

## **LMI Canada COVID 19 Action Plan**

In an effort to provide a safe and comfortable meeting environment for all participants of LMI Canada program session, we kindly ask all participants to review the following screening questions and protocol in advance of attendance.

You agree:

- I took my temperature today and it was normal
- During the last 3 days I have not had: 
  - Fever of 38 degrees C (100.4 degrees F) or higher
  - Worsening shortness of breath
  - New chest pain
  - New muscle ache
  - A sore throat
  - A runny nose
  - New worsening cough
- In the last 3 days I have not come into contact (within 6 feet) at home or outside of work with someone who has COVID symptoms.
- In the last 14 days I have not been told by a medical or public health official to self isolate for any reason due to COVID, close contact, travel, containment zone or hot spot.
- I am prepared to practice and adhere to the following protocols: 
  - Wear a mask
  - Maintain 6 feet distance
  - Sanitize hands prior to entering/attending the office
  - Wash hands with soap for 20 seconds when applicable

**We really appreciate your understanding and cooperation. Thank-you!!**